

MC171

Master of Wellness

GD169

Graduate Diploma in Wellness

GC138

Graduate Certificate in Wellness

Note

These programs are not available to on-shore international students

School of Health Sciences

Wellness at RMIT

Wellness has been forecast to become the next trillion dollar industry and there is a growing need for highly skilled professionals. RMIT is aiming to produce practitioners and managers who will lead the wellness revolution with the *Master of Wellness* program. This innovative program is open to local and international (offshore) students and can be studied fully online. The wellness industry is extremely diverse and this program is designed to cater for a wide range of interests, with graduates gaining a professional qualification as well as personal wellness skills.

There is a wide range of approved electives and students can develop a specialisation.

Mode and duration

Masters: one-and-a-half years full-time or three years part-time. This duration incorporates: Graduate Diploma—one year full-time or two years part-time; and Graduate Certificate—six months full-time or one year part-time.

Delivery of the program is primarily online. Some elective courses require on-campus attendance but you are able to choose electives that are fully online.

Pathways

Completion of *Master of Business Administration (Executive)*—MBA(E)—courses as electives in the *Master of Wellness* program could be used to gain credit for the courses in subsequent MBA(E) studies at RMIT (if undertaken within five years of graduation).

After completion of the program students may wish to pursue a Masters by research and/or a PhD.

Career outlook

The *Master of Wellness* develops the knowledge and skills essential for employment (including self-employment) in the growing field of wellness. Work opportunities include the spa and wellness industry; the complementary healthcare sector; conventional healthcare and community health settings; and the corporate sector.

Program features

Teaching methods

The program uses a range of teaching strategies including paper-based and online course notes and textbooks, and online group discussions and tutorials.

Assessment

A wide range of assessment strategies is used to develop knowledge, practical skills and higher conceptual and analytical skills. Assessment strategies include exams, essays, literature reviews, online group participation, journals, case studies, reports, projects and practical tasks.

Program structure

The Masters program consists of 144 credit points. This incorporates the Graduate Diploma (96 credit points) and the Graduate Certificate (48 credit points).

The following is an example of courses offered.

Graduate Certificate	<i>Credit points</i>
• Wellness and Complementary and Alternative Medicine	12
• Wellness, Health Enhancement and Lifestyle Management	12
• Two electives from approved list	24

Additional courses to be completed for the Graduate Diploma

• Happiness and Positive Psychology	12
• Wellness Assessment and Health Analysis	12
• Two electives from approved list	24

Additional courses to be completed for the Masters

Select one option

Option A

• Clinical Research Project	24
• Research elective from approved list	12
• Elective from approved list	12

Option B

• Wellness Project	24
• Two electives from approved List	24

Examples of approved electives

- Counselling and Assessment
- Ergonomics
- Food as Medicine
- Global Business Context
- Herbs and Natural Supplements
- Management Principles and Practice
- Massage Fundamentals

Entrance requirements

A bachelor degree or equivalent from a university or a private college with a government-accredited bachelor degree program. Graduates with an advanced diploma plus three years relevant industry experience (or equivalent) may only enrol in the Graduate Certificate program. Achievement of this award will enable you to progress to the Masters program. Students with advanced qualifications or experience may be considered for recognition of prior learning.

Gaining credit for previous study or experience

Recognition of Prior Learning (RPL) and credit transfer are ways that RMIT recognises applicants' skills and knowledge gained through formal and informal education and training, work experience, and/or life experience (including volunteer work, committee responsibilities, family duties, hobbies).

Application procedures

Timely applications for coursework programs are due by:

- 10 November each year (semester 1) and
- 31 May each year (midyear semester 2).

Applications will continue to be accepted until all places have been filled. You are encouraged to lodge your application early.

Midyear applications open on 1 May: www.rmit.edu.au/midyear

Apply via: RMIT Direct Application Form

Tel. +61 3 9925 2260

Email: study@rmit.edu.au

www.rmit.edu.au/programs/applications/forms

Scholarships

Many of RMIT's scholarships are based on financial and living circumstances. Before letting money worries control your life and upset your studies, check the web site and contact the friendly staff.

Further information: Scholarships and Finance Office
Tel. +61 3 9925 2811
Email: scholarships@rmit.edu.au
www.rmit.edu.au/students/scholarships

Fees

Program fees may vary according to the courses chosen and fees are invoiced on a semester basis. RMIT reserves the right to adjust fees on an annual basis but no fee increase will exceed the annual increase cap of 7.5%.

Further information is available from the relevant program contact or at www.rmit.edu.au/programs/fees

Fees for 2009

Masters: \$23,360 total program cost. This incorporates Graduate Diploma: \$18,240 and Graduate Certificate: \$9,120.

Fee Paying Places (FPP)

Programs by coursework are offered on a Fee Paying Places (FPP) basis. FPP students are required to pay the complete cost of their program. FPP fees vary according to each program.

The prices quoted are total program prices for 2009. Tuition fees are subject to annual adjustment and are not fixed for the duration of your study. Changes to fees are applied from 1 January each year.

FEE-Higher Education Loan Program (FEE-HELP)

Students offered an FPP may be eligible for the FEE-HELP (FEE-Higher Education Loan Program) scheme, which enables eligible fee-paying students to obtain an interest-free loan from the Commonwealth Government to pay all or part of their tuition fees. In 2008, the FEE-HELP limit was \$81,600. This amount is indexed each year. For further information: www.goingtouni.gov.au

Postgraduate Commonwealth Supported Equity Places

RMIT has a limited number of government-subsidised CSP in postgraduate coursework programs for applicants who meet entrance and equity criteria. Instead of paying full fees, either up-front or with a FEE-HELP loan, the CSP Equity place allows students to complete their program with a choice of up-front, partial up-front or deferred payment options. For further information please visit: www.rmit.edu.au/programs/applications/equity

Additional costs

This program may incur extra costs for items such as textbooks, program notes, field trips, special equipment and materials. Please contact the School of Health Sciences for details (see below).

Further information

Contact: Professor Marc Cohen

Tel. +61 3 9925 7376

Email: health-sciences@rmit.edu.au

www.rmit.edu.au/health-sciences

Further program information:

www.rmit.edu.au/programs/mc171